

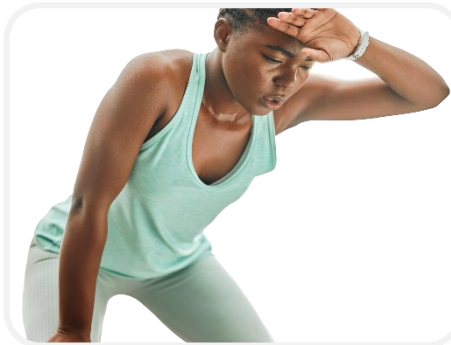
Epilepsy Facts



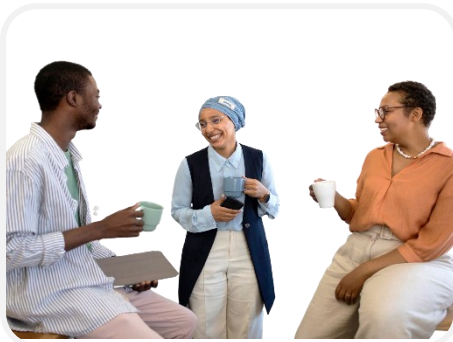
Epilepsy affects
both men and
women of any age



A healthy and
physically active
lifestyle can support
overall well-being
and seizure
management



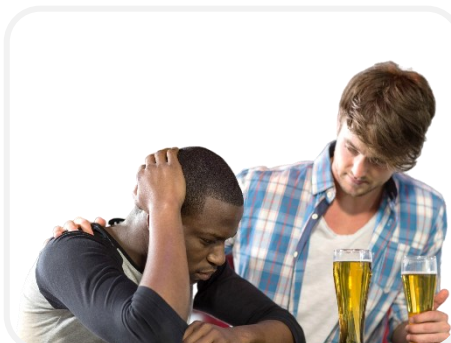
Stop exercising if
you feel faint,
nauseous, or
dehydrated



People with
epilepsy can work
successfully with
the right support



Managing seizures
effectively is
important in the
workplace



Alcohol can increase
the risk of seizures -
some anti-seizure
medications should
not be taken with
alcohol

**You can learn more about epilepsy, find other useful resources and
get in touch with our Branches by visiting our website**

